



Ballyholme YC



ILCA NATIONAL CHAMPIONSHIPS 2025

SAILING INSTRUCTIONS

Ballyholme Yacht Club, Bangor

15th – 17th August 2025



NATIONAL CHAMPIONSHIPS 2025

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SAILING INSTRUCTIONS

The notation [NP] in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.

1 RULES

- 1.1 As per NoR 1.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board which is [online here](#) and when possible duplicated on the south facing window of the Race & Registration Office.

4 CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed at the main flagpole.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes in the race signal AP.
- 5.3 [DP] Flag D with one sound means 'Boats shall not leave the shore until this signal is made. The warning signal will not be made before the scheduled time or less than 45 minutes after flag D is displayed.'

6 SCHEDULE OF RACES

- 6.1 As per NoR 9.
- 6.2 An additional race may be run on any day at the discretion of the race committee. To indicate this intention the finish boat will display flag Numeral 4 at the end of the last scheduled race on any day.
- 6.3 To alert boats that a race or sequence of races will begin soon, an orange flag will be displayed with one sound signal at least 5 minutes before a warning signal is made.

7 CLASS FLAGS

- 7.1 Class flags will be:

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ILCA 7 fleet	White ILCA flag
ILCA 6 fleet	Green ILCA flag
ILCA 4 fleet	Yellow ILCA flag

8 RACING AREAS

- 8.1 As per NoR 12.

9 THE COURSES

- 9.1 Trapezoid courses will be used. The diagrams in Appendix A show the courses, including the order in which marks are to be passed, and the side on which each mark is to be left.
- 9.2 The course for the class to be sailed, will be indicated by boards displayed on the starboard side of the committee vessel.

10 MARKS

- 10.1 Marks 1, 2, 3(s), 3(p), 4(s), 4(p) will be yellow inflatables. The finish mark will be an orange inflatable.

11 OBSTRUCTIONS

- 11.1 Official boats, including a safety boat in close attendance to a craft or competitor in difficulty, are designated as an obstruction.

12 THE START

- 12.1 The starting line will be between a staff on a committee vessel displaying an orange flag at the starboard end and the course side of the pin end boat displaying an orange flag on a staff.
- 12.2 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.
- 12.3 [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

13 CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.
- 13.2 Minor Course changes may not be signaled, this changes RRS 33.

14 THE FINISH

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- 14.1 The finishing line will be between a staff displaying a blue flag on a committee vessel and the course side of the finish mark.

15 PENALTY SYSTEM

- 15.1 As per NoR.

16 TIME LIMITS

- 16.1 Boats failing to finish within a 20-minute finishing window after the first boat in her class sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A5.1 and A5.2.
- 16.2 In addition to RRS 32, the race committee may also award a finishing score to a boat that is still racing by displaying to her from a committee vessel (which may be in motion) flag W with one sound signal. A boat so notified is no longer required to sail the course, shall stop racing and shall return to the starting area, or return ashore if there is no more racing. A finishing score under this sailing instruction will be the score she would have received had she sailed the course and finished within any time limit, without gaining or losing any place. However, when two or more boats that are overlapped are notified, they will be scored as if they were tied. The decision by the race committee to use this procedure or not to use it shall not be grounds for requesting redress. This changes rules 61.1(a) and 61.4(b).

17 HEARING REQUESTS

- 17.1 The protest time limit is 90 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later. This changes RRS 60.3(b) and 61.4(b). The time will be posted on the official notice board.
- 17.2 In the absence of access to the ONB, where possible information will be replicated and displayed on the South facing window of the Race Office at Ballyholme Yacht Club including the availability of Hearing Request Forms which shall include the email address and contact number of the protestor and, when possible, the protestee.
- 17.3 Notices will be posted on the ONB no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Race Office at Ballyholme Yacht Club.

18 SCORING

- 18.1 As per NoR 15.

19 SAFETY REGULATIONS

- 19.1 [DP] A boat that retires from a race shall notify the race committee as soon as possible.
- 19.2 [DP] [NP] All competitors shall tally out and tally in as described at the briefing.

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- 19.3 Boats shall display a clearly visible sail number on their mainsail compliant with the class rules. The sail number should match the hull number. No two boats of the same fleet shall display numerically identical sail numbers. A breach of this SI shall result in the boat whose sail number does not match the hull number, being scored DSQ without a hearing. This SI shall rank as “Warning” for the purposes of RRS 77 and Appendix G4.

20 REPLACEMENT OF CREW OR EQUIPMENT

- 20.1 [DP] [NP] Substitution of competitors is not allowed without prior written approval of the race committee.
- 20.2 [DP] [NP] Substitution of damaged or lost equipment is not allowed unless authorised by the race committee, except as in SI 21.2.
- 20.3 If equipment substitution is required less than 1 hour before the first scheduled start on a racing day, and before the start of the last race of the day, provisional verbal permission shall be obtained from the race committee before using the equipment in a race and equipment replacement authorisation shall be requested before the end of the protest time limit at the end of the day in which the substitution takes place.

21 EQUIPMENT AND MEASUREMENT CHECKS

- 21.1 [NP] A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

22 SUPPLIED BOATS

- 22.1 Does not apply.

23 OFFICIAL VESSELS

- 23.1 Official vessels will be identified at briefing

24 [DP] [NP] SUPPORT PERSON VESSELS

- 24.1 As per NoR 16.

25 TRASH DISPOSAL

- 25.1 Trash may be placed aboard official or Support Person Vessels.

26 BERTHING

- 26.1 [DP] [NP] Boats shall be kept in their assigned places in the dinghy park.

27 HAUL-OUT RESTRICTIONS

- 27.1 Does not apply.

28 DIVING EQUIPMENT AND PLASTIC POOLS

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28.1 Does not apply.

29 PRIZES

29.1 As per NoR 24.

30 RISK STATEMENT

30.1 As per NoR 22.

31 INSURANCE

31.1 As per NoR 23.

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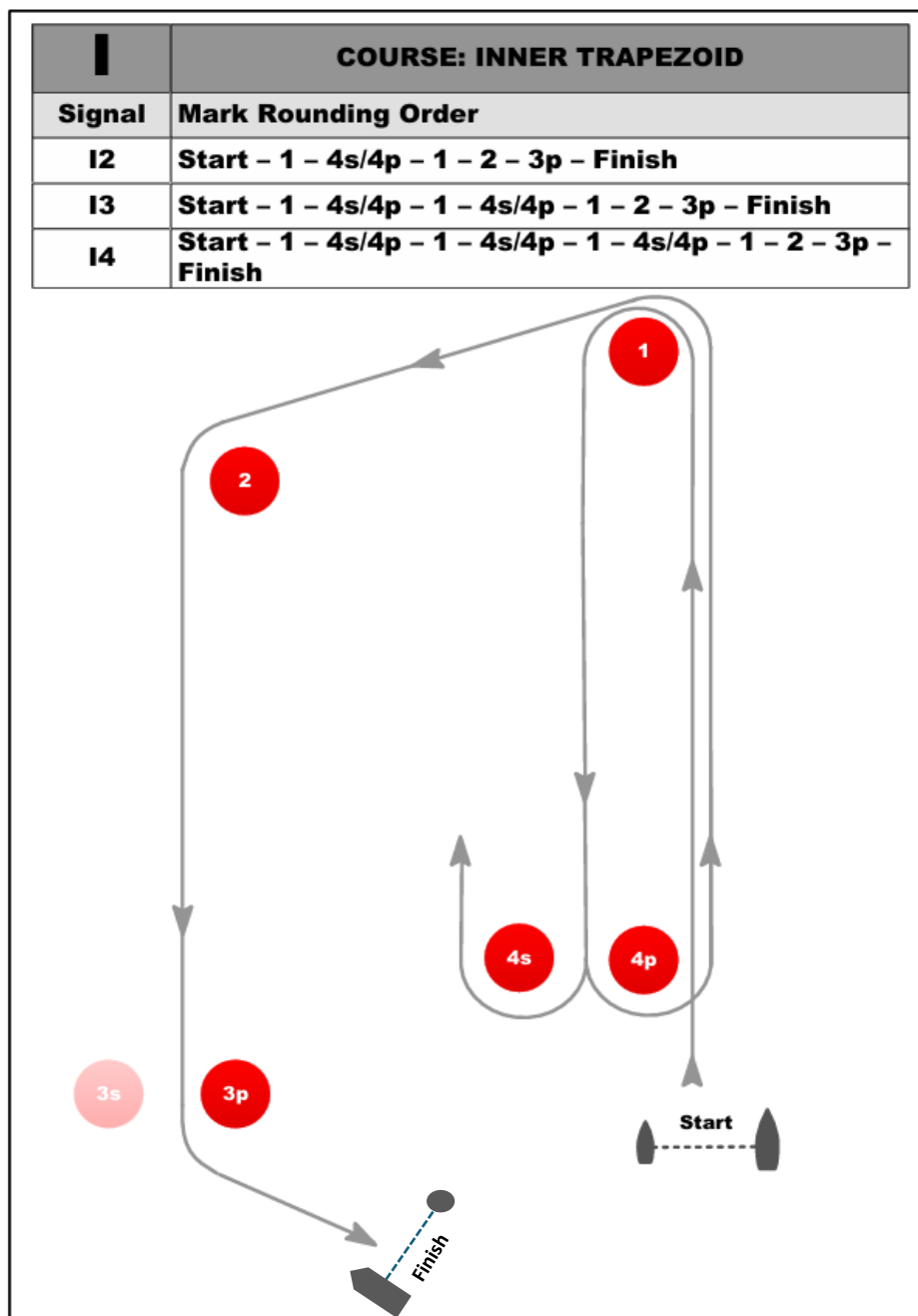




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Appendix A – Course Diagrams



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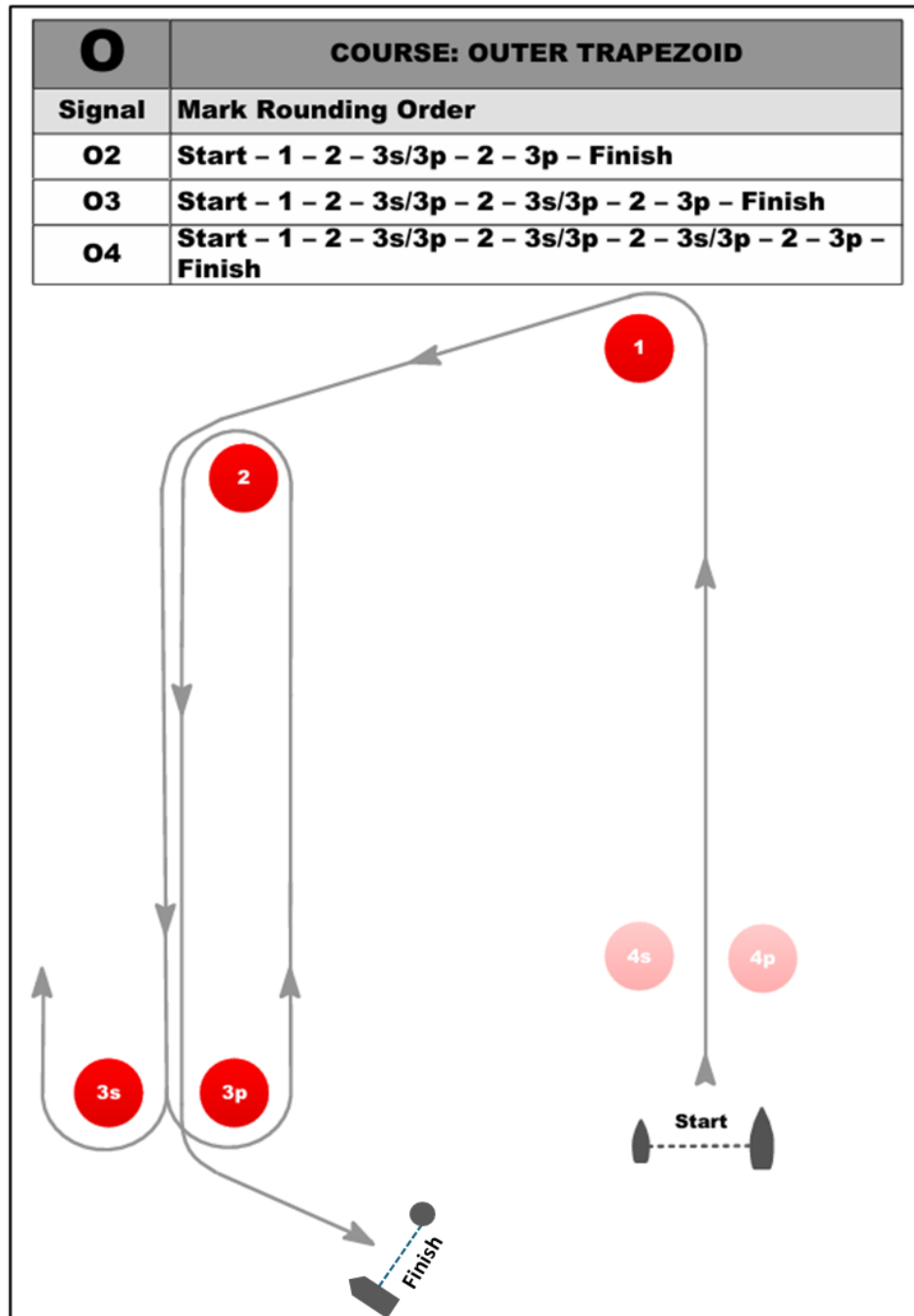


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