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ILCA IRELAND

National Championships

SAILING INSTRUCTIONS 2026

The notation [NP] in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1 RULES

- 1.1 The event will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 These Major Event SIs (MESIs) cover all ILCA Ireland events and will be supplemented by Supplementary Sailing Instructions (SSIs) for each specific Regatta.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3 NOTICES TO COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board as set out in the Notice of Race (NOR) for each event.

4 CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed as set out in the SSIs.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.
- 5.3 [DP] Flag D with one sound means 'Boats shall not leave the shore until this signal is made. The warning signal will not be made before the scheduled time or less



than 45 minutes after flag D is displayed.'

6 SCHEDULE OF RACES

- 6.1 The schedule of races will be set out in the NOR for each event.
- 6.2 An additional race may be run on any day at the discretion of the race committee. To indicate this intention the finish boat will display flag Numeral 4 at the end of the last scheduled race on any day.
- 6.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound signal at least five minutes before a warning signal is made.

7 CLASS FLAGS

- 7.1 Class flags will be:

ILCA 7 rig fleet	White ILCA flag
ILCA 6 rig fleet	Green ILCA flag
ILCA 4 Fleet	Yellow ILCA flag

8 RACING AREAS

- 8.1 The Sailing Area will be as described in the NOR.

9 THE COURSES

- 9.1 Trapezoid courses will be used. The diagrams in Appendix A show the courses, including the order in which marks are to be passed, and the side on which each mark is to be left.
- 9.2 The course to be sailed will be indicated by boards displayed on the side of the committee vessel or as specified in the SSIs.

10 MARKS

- 10.1 Marks will be described in the SSIs.

11 OBSTRUCTIONS

- 11.1 Official boats, including a safety boat in close attendance to a craft or competitor in difficulty, are designated as an obstruction.
- 11.2 Other obstructions may be set out in the SSIs.

12 THE START

- 12.1 The starting line will be between a staff on a committee vessel displaying an orange flag at the starboard end and the course side of the start mark.
- 12.2 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.
- 12.3 [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

13 CHANGE OF THE NEXT LEG OF THE COURSE

13.1 To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.

13.2 Minor Course changes may not be signaled, this changes RRS 33.

14 THE FINISH

14.1 The finishing line will be between a staff displaying a blue flag on a committee vessel and the course side of the finish mark.

15 PENALTY SYSTEM

15.1 As per NOR

16 TIME LIMITS

16.1 Boats failing to finish within a 20-minute finishing window after the first boat in her class sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A5.1 and A5.2.

16.2 In addition to RRS 32, the race committee may also award a finishing score to a boat that is still racing by displaying to her from a committee vessel (which may be in motion) flag W with one sound signal. A boat so notified is no longer required to sail the course, shall stop racing and shall return to the starting area, or return ashore if there is no more racing. A finishing score under this sailing instruction will be the score she would have received had she sailed the course and finished within any time limit, without gaining or losing any place. However, when two or more boats that are overlapped are notified, they will be scored as if they were tied. The decision by the race committee to use this procedure or not to use it shall not be grounds for requesting redress. This changes rules 61.1(a) and 61.4(b).1

17 HEARING REQUESTS

17.1 The protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the official notice board.

17.2 Hearing Request forms are available as set out in the SSIs.

17.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at the location specified in the SSIs.

18 SCORING

18.1 The scoring system is in accordance with Appendix A.

18.2 The number of races required to be completed to constitute a series and the number of worst scores to be excluded will be specified in the Regatta NOR.

19 SAFETY REGULATIONS

19.1 [DP] A boat that retires from a race shall notify the race committee as soon as possible.

19.2 [DP] [NP] All competitors shall tally out and tally in as described at the briefing.

20 REPLACEMENT OF CREW OR EQUIPMENT

20.1 [DP] [NP] Substitution of competitors is not allowed without prior written approval of the race committee.

20.2 Substitution of damaged or lost equipment is not allowed unless authorised by the race committee, except as in SI 21.2.

20.3 If equipment substitution is required less than 1 hour before the first scheduled start on a racing day, and before the start of the last race of the day, provisional verbal permission shall be obtained from the race committee before using the equipment in a race and equipment replacement authorisation shall be requested before the end of the protest time limit at the end of the day in which the substitution takes place.

21 EQUIPMENT AND MEASUREMENT CHECKS

21.1 [NP] A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

22 SUPPLIED BOATS

Does not apply.

23 OFFICIAL VESSELS

23.1 Official vessels will be identified as set out in the SSIs.

24 [DP] [NP] SUPPORT PERSON VESSELS

24.1 As per NoR.

25 TRASH DISPOSAL

25.1 Trash may be placed aboard official or Support Person Vessels.

26 BERTHING

26.1 [DP] [NP] Boats shall be kept in their assigned places in the dinghy park.

27 HAUL-OUT RESTRICTIONS

Does not apply.

28 DIVING EQUIPMENT AND PLASTIC POOLS

Does not apply.

29 PRIZES

As per NoR.

30 RISK STATEMENT

As per NoR.

31 INSURANCE

As per NoR.

Appendix A – Course Diagrams



